CHAPLAINCY STAFF

Chaplain: The Revd. E. Colin Godfrey
Roman Catholic Chaplain: Fr. W. Baldwin, OSA.
Methodist Chaplain: The Revd. George Sharman

Any chaplain will be pleased to see anyone who wishes to talk in confidence about any problem or matter.

The Chaplains are on duty as follows:

MAIN: Mondays: B. Davis 10am - 12noon  
G. Sharman 6pm - 7pm.
Tuesdays: B. Davis 10am - 12noon
Wednesdays: C. Godfrey 2pm - 4pm; 6pm - 7pm  
W. Baldwin 6pm - 7pm.
Thursdays: C. Godfrey 10am - 12noon
Fridays: C. Godfrey 10am - 2pm; 6pm - 7pm  
G. Sharman 6pm - 7pm.
Saturdays: C. Godfrey 2pm - 4pm; W. Baldwin 5pm.
Sundays: C. Godfrey 10am - 12noon; 2pm - 4pm.

NORTH: Mondays: B. Davis 9.30am - 10am  
Tuesdays: B. Davis 9.30am - 10am  
G. Sharman 6pm - 7pm.
Wednesdays: C. Godfrey 8.30am - 12 noon
Thursdays: C. Godfrey 8.30am - 10am; 6pm - 7pm.
Fridays: C. Godfrey 8.30am - 10am; 5pm - 5pm  
G. Sharman 7pm - 8pm
Saturdays: C. Godfrey 8.30am - 1pm.  
W. Baldwin 6pm
Sundays: C. Godfrey 8.30am - 10am; 5pm - 6.30pm.

SERVICES

Church of England: Holy Communion. Sundays 9am (N); 10am (M).

Roman Catholic: Holy Mass 5pm (M); 6pm (N).

Methodist Service: Monthly as advertised in chapels.

Muslim: Fridays 1pm - 2pm (M) & (N).

Jewish: As per special arrangements for Holy Days.
A fellow inmate requests your prayers:

- For John Andrews an inmate's father recovering from a serious illness.
- For John the ex-chapel orderly that the Grace of God will be with him wherever he is leading him to give himself up to the police, so that he will not have to keep looking over his shoulder.
- For our own families, that God will protect them while we are away from them; and most important, we should ask God for forgiveness of the crimes that we have done, and be saved by His Grace.
- For all the staff of this prison who look after our daily needs. And we should remember that they are only doing a job, and there should be no hate in our hearts towards them.

A prayer:

Lord, make me an instrument of your Peace.
Where there is hatred let me sow Love,
Where there is injury, Pardon.
Where there is doubt, Faith.
Where there is despair, Hope.
Where there is darkness, Light.
Where there is sadness, Joy.
O Divine Master,
Grant that I may not so much seek to be consoled as to Console.

To be understood, as to Understand.
To be loved, as to Love.
For it is Giving that we receive,
It is in Pardoning that we are pardoned,
And it is dying to self that we are born to Eternal Life.

Amen.

A thought:

A swimmer plunges into the water stripped of his garments to find a pearl; the Christian stripped of everything goes through life to discover in himself the pearl — Jesus Christ.
Poems by Alexander Baron.

Brief Ode to White Windsor -

Your scent refined
Disturbs me with its sweetness,
O doyen of convenient ablutions!
And ever you'll remind
Me by your neatness
Of Britain's great and fabled Institutions.

Ideal Car -

I'm not the fussy type,
I've no great preference
For any colour, plain or stripe.
I don't care if it's black or white,
Or yellow, grey and green.
If it's got two doors, four or six;
Or if it's cheap or costs a lot,
I don't care if it's blue and red with purple
polka dots,
I'm not in the least bothered if it's an
automatic,
Or a right-hand drive; or a left-hand drive,
Shaped like a box or a bee hive!!
It may be made in Britain,
It may come from Hong Kong.
It may purr like a kitten,
Or roar like a tiger.
I'll not be bothered if it breaks down twice
a week!
I don't care if it has got moth eaten seats!
I don't care if it's fitted with a corrugated
roof,

THE ONE AND ONLY THING IT HAS TO BE IS -

BULLET PROOF!
HUNDON ARTS & CRAFT DISPLAY - Prisoners Work on Display.

Hundon is a small village lying just the other side of the airfield, with a pub two shops and a church. Its parish boundary, however, is extensive and encompasses the prison, so when the Hundon Arts & Craft committee hold their annual display the prison is always invited to contribute.

This year the committee held the display in Hundon church; an ancient and beautiful building, but suffering from years of neglect. The pews were lost at one time and are now replaced by rows of wooden chairs so the interior lacks the beauty and warmth of other churches. It was a pleasant experience, therefore, to see it transformed over the weekend of 8 & 9 September.

A number of the villagers had submitted some wonderful flower arrangements which had been coordinated by a committee member to give a display of colour throughout the church. There were many paintings from local amateur artists, some on the walls and others on display boards. Wood carvings and metalwork filled tables and a wide variety of tapestries and dolls' clothing were shown. On the Saturday evening the Hundon Singers gave a recital which was very well received.

Paintings from the prison were loaned by Messrs Moore, Miller, Franciscy, Devine, and Armstrong. They caused much comment and there were many questions as to the amount of tuition inmates received, and the high standard of artistry. Brown submitted a very fine matchstick caravan which was the focus of attention whenever I went into the church. Every time I passed it I could hear someone marvelling over the time and patience it must have taken, or wondering how many matchsticks were in it. (Needless to say there were one or two 'They ought to do something more constructive' comments as well.) A fat Teddy Bear was donated by Moseley. This achieved fame when I turned round to find the Haverhill Echo photographer taking a picture of it in the arms of my seven year old daughter. (See issue for w/e 13.9.84).

My thanks to those who contributed. The prison gave a good account of itself, and there were many tributes from viewers. The committee asked me to thank the inmates for their contributions. The display does not
make a profit, simply seeking to foster interest in arts and crafts locally, and the contributions certainly helped to achieve that. R.S. Brannon. Gov. IV.

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Settle Your Doubts. by Colin J (North).

Whenever we meet troublesome times in our lives we have a tendency to feel sorry for ourselves. Reading about St. Paul and his life brought clear to me the hardships he went through — beatings! shipwreck! imprisonment! The most effective cure for self-pity is to recall the sufferings Jesus went through. Compared with what Jesus endured our present sufferings look very small. God loved us and saved us when we didn’t deserve it. When Jesus died on that cross, his words were ‘It is finished’ (Jn. 19:30). That was a cry of victory not of defeat. The devil and death were defeated not Christ. He showed that he could overcome death by rising again. And he did. Never in all time has one man made such an impact as Jesus Christ, completely changing many peoples’ lives. In the midst of evil, hatred and a world of uncertainty it’s great know God loves each one of us. There is no doubt as to where man’s only real hope lies — in Jesus Christ. He said that someday we will live for all Eternity with him, only if we turn from our own evil and selfish ways, and trust him to who he says he is, the Son of God. I believe that if you believe in him and accept that his way is the right way, then and only then, can you begin to know the joy and happiness of being a Child of God. The surest way to experience pure joy, happiness and love is to walk with God not without him. God bless you. C.

The faintest flicker of faith, my friend,
Is all he needs to see.
There’s no need for words, when your thoughts are heard,
He’ll find you like he found me.
"What a match". Wheeler, who has been lifting for some months now, and who has received two certificates from his last prison this morning, took on the novice man Bill Kent. Wheeler took a 10k lead on the squat, managing 110k to Bill's 100k. On the bench Bill badly missed 62.5k for his third and last attempt. Wheeler succeeded with 62.5k for his third. On the deadlift Bill opened with a fairly easy 150k. Kevin took 155k also fairly easy. Bill then sat back and let Kevin lift his second and third attempts. The second was successful at 162.5 (a personal best), the third a failure at 167.5, so Wheeler had totalled 555k for his three lifts. Bill had two attempts left on the deadlift. His total so far was 507.5k. To win he needed a deadlift of 180k and he had two attempts. For the first time in the contest we saw Bill show real aggression. The adrenalin was really flowing. He set himself well and pulled steadily on the ironwork, it came up nice and smoothly to almost lockout. We all thought he had made it and then, inches from the top, it stopped and he lost it. He had one more attempt, but after the effort he had put into the previous attempt it was no surprise that he could get it only as far as his knees.

After match comments: Kevin; 'he lifted much better than I thought he would. I also did by far my best ever total, but even so I thought he was going to make it that last deadlift.'

Bill, 'he certainly lifted well and made me give my best. I think I can do better and would like a re-match.'

<table>
<thead>
<tr>
<th></th>
<th>Squat</th>
<th>Bench-press</th>
<th>Deadlift</th>
</tr>
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<tbody>
<tr>
<td>K. Wheeler</td>
<td>110k</td>
<td>62.5k</td>
<td>162.5k</td>
</tr>
<tr>
<td>B. Kent</td>
<td>100k</td>
<td>57.5k</td>
<td>150k</td>
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WHEELER WON BY 27.5 KILOS. 0-0

Referee's: Side - Nick Davis; Deadlift - Richards Centre - Jock Margery
Sport continued:

Comment from your mystery reporter:

'This powerlifting really is a good sport. I have been training for quite a while now and I get a real kick out of it. There's always more weight to put on, but the challenge of deadlifting around treble your body weight, and benching 1½ times your body weight (that's my aim anyway!) really gives a feeling of having achieved something. Of course training is hard work - to start with. More of you should give it a try. After the first few sessions, when the stiffness wears off, you begin to know it is doing you good. You can feel and see it. The grading scheme enables you to improve gradually. You only have to look at our top two lifters, Richards & Margery, to see how they have progressed about 10 steps up the grading ladder, from around Green 2 to Silver, in a matter of six months or so.

Cheers from the ironwear fanatic: SIVAD KIM.

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BIBLE COURSES

Students of the Bible please note, there are three Bible courses available from the Chaplains' Dept.
1. The Emmaus Bible Course which is a graded course marked by the School tutors and certificates awarded.
2. The Christian Publishing Organisation which again is a graded course and is marked by the chaplains and certificates issued.
3. A more advanced course of CSE/O Level standard run by the Prison Chaplains' Dept.

Please speak to any of the Chaplains if you wish to have more details.

GROUPS

A.A. Groups meet each Sunday at 2pm in the Chapel areas.
Drugs Group meets at 5pm North Chapel only - Sundays.
Gamblers Anonymous meets 2pm first Saturday in the month in the Main Chapel.

H.B. THESE MEETINGS ARE NOT FOR THE SCROUNGERS!!
NEW LIFE

TOMORROW—JOHN G. (GLASGOW FRIDAY)

Tomorrow I'll stop doing this, I definitely will,
Tomorrow I'll go home from work, that's what I think until
Ten minutes pass and then I think tomorrow is the day
When all my dreams shall be fulfilled and all my debts I'll pay.

Tomorrow when my ship comes in, I'll have to hide no more,
Tomorrow I'll be happy, my respect shall be restored,
Tomorrow when my mind is clear I'll hold my head up high,
Tomorrow I shall be the man I am in my mind's eye.

Tomorrow I shall treat my wife to all the things I need,
To feed my ego as a man, oh yes, I shall indeed.
Tomorrow I'll walk proudly home and tell her what I've done,
And dream of gold and palaces and islands in the sun.

Tomorrow never comes my friend, I waited and I found
Tomorrow's just another dream I built, it comes and knocks me down.
Tomorrow's just another dream I think about today,
I feel the pain I felt before I weep, I beg, I pray.

The prayer was heard and answered but not the way I planned,
I was pushed and shoved to meet a very happy, privileged band,
I bless the day God showed me the doorway of GA.
I cannot live tomorrow, I live just for today.

THE PICTURE—ANDY (PAISLEY)

One day a man and his friend were in the bookies. The man was
losing heavily and to make matters worse, his small son was waiting
impatiently outside. The friend said, "Look, I have a map of the world
in my pocket, if I tear it up into small pieces and give it to your son,
it will be so hard to join together he will not bother you for some time."
The father, who was desperate by this time, agreed. The friend tore up
the map and gave it to the boy waiting by the door. The two men
carried on gambling expecting to be rid of the boy for some hours.
They were astonished when the boy walked in a couple of minutes
later with the map completed again. The dumbfounded father asked,
"Son, how did you manage to join it together so quickly?" The boy
turned over the map to reveal the picture of a man printed on the
other side. "It was easy, father," he said. "When I got the man together,
the world simply fell into place."
WEST GERMANY — An Orthodox Jewish scholar argues in a new book that the resurrection of Jesus is a historical fact, according to a report from Religious News Service.

The author, Pinchas Lapide, a New Testament specialist who teaches in West Germany, denies that Jesus was the divine Son of God or the long-awaited Messiah of the Jews. He does, however, suggest that Jesus is the Messiah of the Gentile church. The book, The Resurrection of Jesus: A Jewish Perspective, was first published in German in 1977. The English translation was released by Augsburg Publishing House late last year.

Lapide said his work has rocked the boat in some Jewish scholarly circles.

"I don’t know of anybody in the history of Judaism who has not gotten into trouble for saying something new," he stated. "But I have written that God raised Jesus from the dead because I’m thoroughly convinced it's true."

He writes that the New Testament account could only have been written by men "deeply convinced that this miserable dying of the Nazarene (was not) the last word of God." He asserts that dismissing the Resurrection as a vision or hallucination does not explain that revolutionary transformation that followed the Easter event. The scholar says virtually all the witnesses to the earthly life of Christ were Jews, and that both before and after the crucifixion Jesus ministered only within His homeland. He thus describes the Resurrection as "a Jewish faith experience."

Lapide noted that the Old Testament reports the resurrections or resuscitations of several individuals. Judaism later came to believe in a future, generalised resurrection of believers, which became a tenet of Jewish Orthodoxy. While providing a context for the Resurrection in the Jewish faith, he criticises modern theologians who seem "ashamed of the material facticity of the Resurrection."

Has his acknowledgment of the
Across:
1. Agnes Fairchild from 'Brass' (7,5)
8. Richard from 'Babble' & 'Man about the House'
10. Miles of 'Let's Parlez Francais'.
17. Egg on.
18. Silly beast of burden.
20. Jump like a rabbit; dance (call).

24. Famous hat dance; Alcapulco is such a city.
26. Wipe out.
27. 'Educating ...........'; stars Charlotte Coleman. Orange Preserve.

Down:
2. Cathedral city; river and seaport in Normandy.
5. Everything. 4. Stardust.
5. Principal Peter Pan character.
6. Terry Duckworth from Coronation Street.
7. Female member of the 'Game for a Laugh' team (5,7)
12. In the direction of.
13. Sharif. from 'Green Ice' & 'Night of the Generals'.
15. Crossroads' Larry Wilcox
16. Body of Zulu Warriors
21. Horned animal, sometimes used to pull ploughs.
22. Aitken, co star of 'Poor Little Rich Girl'.
23. Entice.
25. Swimming stroke featured in 'Splash'.
28. Enquire.

WEALTH consists not in having great possessions but in having few wants.
ANSWERS to PRIZE CROSSWORD in last Edition.

ACROSS:  Crazed; Inject; Nudge; Drift; Agile; Octet; Spade; Endorsement; Chart; Udder; Hover; Enter; Blown; Strewn; Angles.

DOWN:  Canyon; Audit; Exeat; Nodes; Erica; Tether; Quicksilver; Elder; Plead; Access; Cranks; After; Throw; Urban; Drool.

JEWISH SCHOLAR - RESURRECTION.

Resurrection brought him any closer to embracing Christianity? "Certainly not," Lapide said. "Every day I wait and pray for the coming of the Messiah." Yet he affirms that God was behind the fact that sprang from the Resurrection. He writes that the "experience of the Resurrection as the foundation of the church which has carried the faith in the God of Israel into the whole Western world must belong to God's plan of salvation . . ."

Lapide, 62, devotes much of his time and energy to Jewish-Christian dialogue. Let us hope he will come to see that Christ died not only for the Gentiles, but also for the Jews. The apostle Paul wrote of a day when Israel's eyes shall be opened and "all Israel shall be saved" (Romans 11:26).

—Evangelical Press News