



Mighty Men of Valour

MEN AGAINST DOMESTIC VIOLENCE



"NO EXCUSE FOR DOMESTIC ABUSE!"

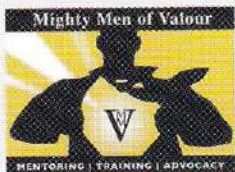
**DOMESTIC VIOLENCE IS A SERIOUS OFFENCE
IF THE POLICE ARE CALLED, YOU ARE LIKELY TO BE PROSECUTED.**

Even verbal aggression is considered to be **DOMESTIC ABUSE!**

DOMESTIC VIOLENCE SCARED TERROR AGGRESSION FAMILY VIOLENCE DEPRESSION ISSUES BAD FRIGHTING SYNDROME MENTAL PROBLEMS ANGER VICTIM CHILD RICKING AFRAID STALKING THREATS CONTROLLING SUFFERING MENTAL ABUSE CRAZY KIDS AFFECTED MENTAL ABUSE BLAME HILLING

If you need to talk to someone for advice or support contact:

Mighty Men of Valour on 0800 073 1325



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Mighty Men of Valour a Company Registered in England No.05515628
CHARITY REGISTRATION NO: 1128154



NO EXCUSE FOR DOMESTIC ABUSE

Domestic Abuse/Violence can lead to and include:

- Child Abuse
- Sexual Abuse
- Assault or Grievous Bodily Harm (ABH/GBH)
- Criminal Conviction
- Loss of Access to children
- Loss of Employment and Income
- Loss of Family Relationships and Trust
- Loss of possessions – Family Home and Compensation
- Loss of Respect!

MIGHTY MEN OF VALOUR offer:

- **Support** for men and women
- **Relationship** support for young people
- **Mediation** Service

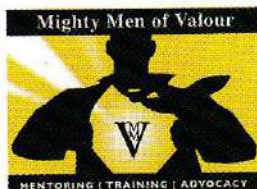


MEN - LET'S END DOMESTIC ABUSE IN OUR LIVES!

"Domestic Abuse includes verbal aggression, control, possessiveness and jealousy, not just the use of physical violence"

" What should I do if I think Domestic Abuse/Violence is happening?"

1. **Do not** get involved in the argument or choose sides - it could backfire
2. **Ask** the person if they need any help and ask if they are OK?
3. **If** in doubt, call the Police immediately - It is better to be safe than sorry
4. **If** you are in a Domestic Abusive relationship call the Police, tell a friend and contact the **English National Domestic Violence Helpline: 0808 2000 247**
5. **If** you are a child contact **Child Line** on: **0800 1111**
6. **If** you are not in a Domestic Abusive relationship and would like to talk to someone for advice/mediation support contact **Mighty Men of Valour** on: **0800 073 1325**



W: mightymenofvalour.org

E: men-against-domestic-violence-mmvl@live.co.uk

F: www.facebook.com/www.mightymenofvalour.org

T: @Men_Against_DV



Mighty Men of Valour launched our campaign

"Men Against Domestic Violence" at the Houses of Parliament on Monday 20th January 2014.