FOOD & DRINK

Liven up your cooking with our upcoming demonstrations and workshops

July-December 2015
FOOD AND DRINK

Please note that all ingredients and utensils in our classes are kosher. The JW3 Demonstration Kitchen is not under kashrut supervision.

Wednesday 15 July
GLUTEN-FREE BREADS
7.30pm, £30, Demonstration
Debunk the myths and understand the methods for making a good loaf of gluten-free bread.

Tuesday 8 September
AN ITALIAN ROSH HASHANAH
11am, £30, Demonstration
Experience Rosh Hashanah the Italian way, with sea bass in a tomato and garlic sauce, herby couscous as well as honey, walnut and coffee cake.

Tuesday 13 October
SPICY SOUTHERN INDIAN
7.30pm, £35, Workshop
This workshop will be based around dahls, dry and wet curries and cooling side dishes.

Wednesday 14 October
TOFU TWO WAYS
7.30pm, £30, Demonstration
Tofu not only absorbs all the flavours you throw at it but it's also low in calories, contains no cholesterol and is an excellent source of protein, iron, and calcium.

Thursday 15 October
THE SECRET OF VEGAN DESSERTS
7.30pm, £30, Demonstration
Learn how to impress your friends with a deliciously creamy chocolate cheesecake and master the art of vegan meringues.

Wednesday 21 October
PIZZA & FOCACCIA
7.30am, £35, Workshop
Learn the secrets and tricks of the trade to create the perfect pizza and fantastic focaccia every time.
Tuesday 27 October
MAKING JAM & PESTO
7.30pm, £35, Workshop
Preserving seasonal fruits and vegetables is one of the oldest culinary arts. Learn how to make a fruit jam and seasonal pesto.

Wednesday 28 October
MEALS FOR TWO
7.30, £35, Workshop
Discover how to cook stylish and delicious food, perfect for someone you care about.

Tuesday 3 November
SEPHARDI FEAST FOR SHABBAT
7.30pm, £30, Demonstration
Journey to North Africa and learn how to impress your guest with easy and delicious Sephardi recipes.

Thursday 29 October
RAW DESSERTS
7.30pm, £15, Demonstration
We will introduce you to an array of new ingredients and their health benefits, whilst demonstrating, and offering you a taste of delicious and simple raw desserts.

Tuesday 10 November
MAKING CHUTNEY & PICKLES
7.30pm, £35, Workshop
Come along to this hands-on workshop and learn how to make chutney and pickles - and there'll be a jar of each to take home!

Thursday 12 November
ASHKENAZI RECIPES REVISITED BY A SEPHARDI GIRL
Demonstration 7.30-9.30pm, £30
Learn how to make homemade chop liver, chicken soup, comforting cholent, spiced meatballs in a rich tomato sauce, potato and other vegetable kugels and finish 'en beuva' with a vanilla and apple strudel!

Tuesday 10 November
FLAVOURS OF MOROCCO
10.30am, £35, Workshop
Experience the flavours of Morocco with tagines, chemoul and more. The class will feature the careful balance of spicing, flavour, texture and presentation.

Thursday 19 November
COOKING FOR MEN
7.30pm, £30, Demonstration
Men head to the kitchen to learn to prepare easy and delicious recipes for their family and friends!
Wednesday 25 November

SIMPLE SUPPERS
7.30pm, £35, Workshop
Do you need some inspiration for quick and easy suppers? Some fresh, healthy ideas to put on the table in a hurry?

Tuesday 1 December

CANAPÉS FOR CHANUKAH
7.30pm, £30, Demonstration
Start Chanukah early as you help to prepare lots of different canapés and treats to share with your friends and family.

Thursday 3 December

FLAVOURS OF THAILAND
7.30pm, £35, Workshop
From spring rolls to fiery curries and refreshing salads, your culinary skills will take on a whole new meaning.

Tuesday 8 December

PARTY FOOD & ENTERTAINING
11am, £30, Demonstration
The class is part hands-on and part demo, making dishes suitable both as finger food and/or as part of a dinner menu.

JW3 is a Jewish community centre with a superb restaurant, café and bar – only food bought at JW3 can be eaten on the premises. When we are open over Shabbat or Jewish holidays we will run a reduced 'JW3 unplugged' programme and the Cafe and Zest will be closed. Further details available on request.

JW3 Trust Ltd is a registered charity. No. 1117544

JW3 Media Ltd is a registered company. No. 7665332. Chiswick and Walthamstow are wholly owned subsidiaries of JW3 Trust Ltd.