What is humanism? Without religion, are our lives left without meaning?

Stephen Law explores how humanism uses science and reason to make sense of the world, looking at how it encourages individual moral responsibility and shows that life can have meaning without religion. Challenging some of the common misconceptions, he seeks to dispute the claims that atheism and humanism are ‘faith positions’ and that without God there can be no morality and our lives are left without purpose.

Looking at the history of humanism and its development as a philosophical alternative, he examines the arguments for and against the existence of God, and explores the role humanism plays in moral and secular societies, and moral education. Using humanism to determine the meaning of life, he shows that there is a positive alternative to traditional religious belief.

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